

NATIONAL GIRLS AND WOMEN IN SPORTS DAY

FEBRUARY 18, 2017 UNC ASHEVILLE –Student Recreation Ctr.

Participant Name _____ DOB _____ Grade _____
 Address _____ City _____ Zip _____
 EMAIL _____
 Phone _____ (Cell Home Work)
 Emergency Contact _____ Emergency Phone _____

WILL YOU BE ATTENDING THE "PINK" BASKETBALL GAME AT THE CONCLUSION OF NGWSD? 2:00 pm Circle one **YES NO** *If You are under 16 who will be staying with you?*
\$6.00/Adult for entry to game
***Backpacks/Bags are not allowed in the Kimmel Arena Gym for Basketball Games**

FEES **EARLY REGISTRATION ENDS FRIDAY, JANUARY 20, 2017 @ 5:00PM**

\$10/Person ☐ **\$15 Adult/Child** ☐ **\$5 Girl Scout/Avl. City Center** ☐ _____
PROMO CODE

AFTER JANUARY 13TH THRU DAY OF EVENT

\$15/Person ☐ **\$25 Adult/Child** ☐ **\$5 Girl Scout/Avl. City Center** ☐ _____
PROMO CODE

***FEE INCLUDES:** 3 Sport Clinics, T-shirt, Guest Speaker, Lunch and Ticket to UNC Asheville "PINK" Game

T-Shirts **Register EARLY to Guarantee T-Shirt Circle One** *(If you aren't sure of size, order up)*
 Youth M Youth L Adult S Adult M Adult L Adult XL Adult XXL

***NEW for 2017 – Session I choices will be for Adult & Child Choose 1 Only**

CHECK IN & DAY OF REGISTRATION 9:00 AM

KEYNOTE SPEAKER 10:00 AM • WARM UP SESSION 10:40 AM

SESSION 1 11:00 – 11:30 ALL INCLUSIVE CHOOSE 1

Tennis

Pound

Zumba

Pickleball

(POUND is the alternative group fitness format inspired by drumming)

(Racquet game that combines badminton, tennis & table tennis)

Place a 1 -2 -3 beside your choices *(We will make every effort to place you in your first choice clinics)*

K-3

4th-8th

9th-Adult

Soccer _____	Soccer _____	POUND _____
Tennis _____	Tennis _____	Ultimate _____
Cheerleading _____	Cheerleading _____	Spikeball <i>See description below</i> _____
Dance _____	Dance _____	GRIT _____
Field Hockey _____	Basketball _____	Zumba _____
Basketball _____	POUND _____	Women on Weights _____
Jump Rope _____	Ultimate _____	
	Spikeball _____	

Round Net game using Volleyball, Badminton & 4 Square Skills

SESSION II 11:40-12:10 • LUNCH 12:20-12:45 • SESSION III 1:00-1:30

WRAP UP & DOOR PRIZES 1:30 • "PINK" BASKETBALL GAME 2:00 (\$6/Adult)

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If the participant is under the age of 18, a parent or guardian must fill out the section below giving permission for participation in the activities for the day. Participants over the age of 18 must fill out the section below themselves.

My child (print name) _____ has my permission to participate in all activities at the NGWSD event of February 18, 2017.

If the emergency contact listed cannot be reached in the event of an emergency, I give the Chair person of the NGWSD the authority to act on my behalf to seek medical care for myself and/or my child. I also agree that pictures of my child or myself taken at this event may be used to promote NGWSD events in the future and that not organization working NGWSD may be held responsible for any injury that may occur to me, or my child.

List any health or medical problems and any special needs the participant has that we should be aware of: (i.e. asthma) _____

Participant Signature _____ Date _____

Parent/Guardian Signature if under the age of 18 _____

*Make Checks Payable to: **City of Asheville** Memo: **NGWSD Event**

*Mail completed form with payment to:

Asheville Parks & Recreation
72 Gashes Creek

ATTN: Kim Turner / NGWSD
Asheville NC 28805

Email Kim Turner kturner@ashevillenc.gov or phone 828-232-4526



**BUNCOMBE
COUNTY
SCHOOLS**
ELEVATING YOUNG MINDS



Presented by
ASHEVILLE
Parks & Recreation



eliminating racism
empowering women
ywca



girl scouts
carolinas peaks
to piedmont

